

## **LIST OF HEALTH CARE FACILITIES IN BISHKEK, KYRGYZSTAN 2011**

Modern, American style health care is not available in Kyrgyzstan. The health care system is based on the Soviet style of health care which can seem very different in comparison to Western countries. Generally the medical personnel are knowledgeable but the system lacks the modern health care technology available in the US. There are very limited numbers of medical staff that speak English or that were trained in Western Europe or the U. S.

If travelling throughout the country for extended period of time please check the CDC website ([www.cdc.gov/travel](http://www.cdc.gov/travel)) for immunization recommendations and obtain the immunizations before travelling to Kyrgyzstan. People are advised to bring their own medical supplies and medications for any chronic illness, minor illnesses and injuries. Modern types and medicines commonly used in the US are not available. Insulin is one of many types of medications not available here. Kyrgyzstan is considered a tuberculosis endemic area and appropriate test for exposure to tuberculosis needs to be obtained upon returning to the U.S.

For major illness or injuries the normal practice is to get emergency treatment at local facilities and to arrange for medical evacuation as soon as possible. Adequate medical evacuation insurance coverage for all travelers is a high priority. In the event of a serious medical condition every effort should be made to evacuate to Istanbul or Western Europe. Please be advised that the cost of a medical evacuation to Istanbul or Western Europe can easily exceed \$40,000 USD and may take twelve to forty eight hours to arrange.

The U.S. Embassy maintains the following list of clinics and hospitals in Bishkek. Some are private clinics and others are part of the National Health System. All will require a cash payment for care rendered (usually in local currency).

**The U.S. Embassy assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose name appears on this list.**

### **AMBULANCES**

Bishkek City Ambulance Dial 103

Commercial Ambulance Services

- 1.) Dial 139, 548666 or 549999
- 2.) Dial 151 or 439151

Generally the ambulances in Kyrgyzstan are not equipped with emergency medical supplies like medications or oxygen. The ambulances are staffed by physicians that will answer a call with the ambulance then triage and transport to the appropriate hospital. The dispatch operators do not speak English, generally Russian. The wait time for an ambulance can be up to one hour. The ambulance staff does not speak English.

## **HEALTH CLINICS and HOSPITALS 2011**

### **1. Family Medicine Center**

Address: 144A Bokonbaev str.

Reception: 0(312) 301067

Hours: Monday, Thursday afternoons, 13:00 – 16:00

Wednesday, Friday mornings, 9:00 – 12:00

3 American providers are there. It is only for routine type of medical care. No emergency care available. Be aware to arrange an appointment one week prior to go to the Center.

Payment is not expected but you can leave cash as donation.

### **2. Neo Med A Private Diagnostic and Consultative Medical Clinic**

Address: 21 Gorky St. (intersection Gorky/Elebaeva).

Tel: 0 (312) 906090.

This is general clinic with a number of specialists. It has a CT scanner and modern ultrasound machines with good diagnostic capabilities. No providers speak English. Take an interpreter if you do not speak Russian.

### **3. National Center of Traumatology and Orthopedics.**

Address: 206, Krivonosova Street

Admitting office: Tel: 0(312) 211669

This is a National Center with clinics and hospital wards. It has an emergency department, accepts all types trauma patients. It also has a ward for detox from drugs and alcohol.

### **4. City Trauma Unit**

Address: 41 Manas (intersection Toktogul/Manas)

Reception: 0312-318922

Provides 24 hour first aid for minor traumas. No inpatient facilities.

### **5. Pediatric Emergency Hospital.**

Address. 8a, Baitik Baatyr street.

Admitting office: 0(312) 544655

Office: 0 (312) 562326, 544642

This is a pediatric general hospital in the city and accepts all types of pediatric emergencies.

### **6. National Center of Cardiology and Internal Medicine**

Address: 3, Togolok Moldo street.

ICU department. Tel. 0 (312) 625682

This Center has an ICU and is able to care for patients having heart attacks, and other cardiology problems. It has a 24 hour Emergency entrance with a physician on duty.

**7. Infectious Disease Hospital.**

Address: 70, Tolstoy street.

ICU department. Tel. 0 (312) 590018

Admitting office. Tel. 0 (312) 590154.

This hospital accepts patients with infectious conditions, if one has a fever this is the hospital that accepts that patient, other hospitals usually do not accept a patient with a fever. There is a limited ICU. For foreigners a private room on a regular ward is provided. There is lab that can do cultures.

**8. “Kamek” Private Surgical Clinic.**

Address: 225, Moskovskaya street. Tel. 0(312) 640055, 640101

Polyclinic address: 45, Aynee str. Tel. 0(312) 215151

**9. National Republican Hospital**

Address: 1 Togolok Moldo St. (intersection of Togolok Moldo and Moskovskaya St.)

Microsurgery department. Tel: 0(312) 660619 This is a very large compound that house different medical specialties. There are many buildings. When sending people to this center for any emergency one must ask where the correct building is for the specific problem. There is a place for Eye, Ear, Nose and Throat emergencies with 24 hour Emergency services. There is an Angio Neurology Center which is for strokes or aneurysm. There is a Neuro Trauma unit for severe head injuries. This hospital also has a good micro vascular department for nerve or tendon injuries in hands or lower extremities. The local ambulance will know where to take people in this compound. This is not a center to send someone unescorted if they do not speak Russian. They need to have a local person to translate or use the local ambulance.

**10. Eye Hospital and Clinic: Private Clinic**

Address: 5 Baytik Baatyr St.

Tel: 0(312) 510251 /510781/ 510783

This is a private eye clinic and hospital with ophthalmologists. Eye exams can be done here.

**DENTAL CLINICS**

**Kairos Dental Clinic**

Address: Ryskulov St 10      Tel: 0(312) 61 23 02, 61 23 03

This is a modern state of the art dental clinic newly opened in 2009. Dentists speak some English and the receptionist speaks English. There is a panoramic dental x-ray machine here.

**Estet**

Address: 51 Baytik Baatyr st / Gorky st

Tel: 0(312) 543884/ 900409

They provide a full range of services, and meet excellent quality standards in infection control, materials, and technique. No English speakers available.

**Alef Dental Clinic, specialize on children.**

Address: 40, Ibraimov street

Tel. 0 (312) 389600, 38960

This clinic has dentists that specialize in children and have anesthesiologists available for children.

**PHARMACIES**

Please be advised that medications purchased in the pharmacy may not be of the same quality as that obtained in the U.S. The brand name of the drug you request may not be the same as the brand available. Look for the formula name on your prescription if are searching for a replacement locally. Please be aware the pharmaceuticals come from a variety of countries including but not limited to the People's Republic of China, Russia, United States and the European Union.

**Neman:** Information Desk tel: 0 (312) 66 57 40

Address: 139 Moskovskaya St. Tel: 0(312) 62 29 37

Address: 14 Togoluk Moldo / Toktugula St. Tel: 0(312) 66 33 50

**Prestige**

Address: 95 A Kievskaya St.

Tel: 0(312) 621462

**Central Pharmacy**

Address: 340 Frunze St. Tel: 0(312) 681005

**LABS / Private Labs in Bishkek**

**Neo Med A Private Diagnostic and Consultative Medical Clinic**

Address: 21 Gorky St. (intersection Gorky/Elebaeva).

Tel: 0 (312) 906090.

**Human Laboratory**

Address: 21/2 Logvinenko

Reception: 0(312) 620102

**Bonetsky's Laboratory**

20 Prospect Mira (main building)

Reception: 0(312) 316092

This lab has the capability to do culture and sensitivities.

**MRI and CT : Private Diagnostic Centers**

**MEDIPOL CT Center**

37 Abaya St. (cross St is Mederova)

Tel 0312 54 46 75, or 0312 54 78 13

This is a private free standing center with a CT machine, MRI machine and a mammography machine for outpatient use. The entrance is accessible to wheel chair and stretchers up an incline.

**UNI –T- Reactive –Farma Clinic**

137 Toktogul St.

Tel: 0312- 47 15 63 or 64

This is a private free standing center with an MRI machine and the CT machine. There are wheel chairs and stretchers available.

**MEDICAL EVACUATION COMPANIES**

This is a short list of companies that will do medical evacuations. There are many more and each person will need to check with their own private insurance to see which company they use.

**International SOS Assistance**

3600 Horizaon Blvd. Suite 300

Trevose, PA. 19053 Tel 267-716 24 11 Web: [www.internationalsos.com](http://www.internationalsos.com)

Emergency 24 hour 215-942 8226

Moscow Tel 007 495 9376477

Almaty tel: 007 7272 581911 Dr. on Call (007) 701 744 1111

**Global Rescue LLC**

115 Broad St.

Boston, MA 02110

Tel 24 hr: 617 459 4200

Web: [www.globalrescue.com](http://www.globalrescue.com)

**U.S. Air Ambulance**

5919 Approach Rd.

Sarasota, Fla. 34238    Tel 24 hr: 800-543-3759    Web: [ww.USAirambulance.net](http://ww.USAirambulance.net)

**Medex Assistance**

PO Box 19056

Baltimore, MD. 21284

Tel: 800 537 2029, 410 453 6300    Web: [www.medexassist.com](http://www.medexassist.com)

**Swiss-Air Rescue**

PO Box 1414

CH-8058 Zurich Airport

TEL +41 44 654 33 11

Web: [www.swiss-air-ambulance.com](http://www.swiss-air-ambulance.com)

**Asia Air Ambulance**

Bangkok, Thailand

Tel: 66-8989-69000    Web: [www.asiaairambulance.com](http://www.asiaairambulance.com)

**Medical Wings Siam Land Flying Co., Ltd.**

Bangkok, Thailand

Tel: 66-2247-3392, 66-2535-4735

Web: [www.medicalwings.com](http://www.medicalwings.com)